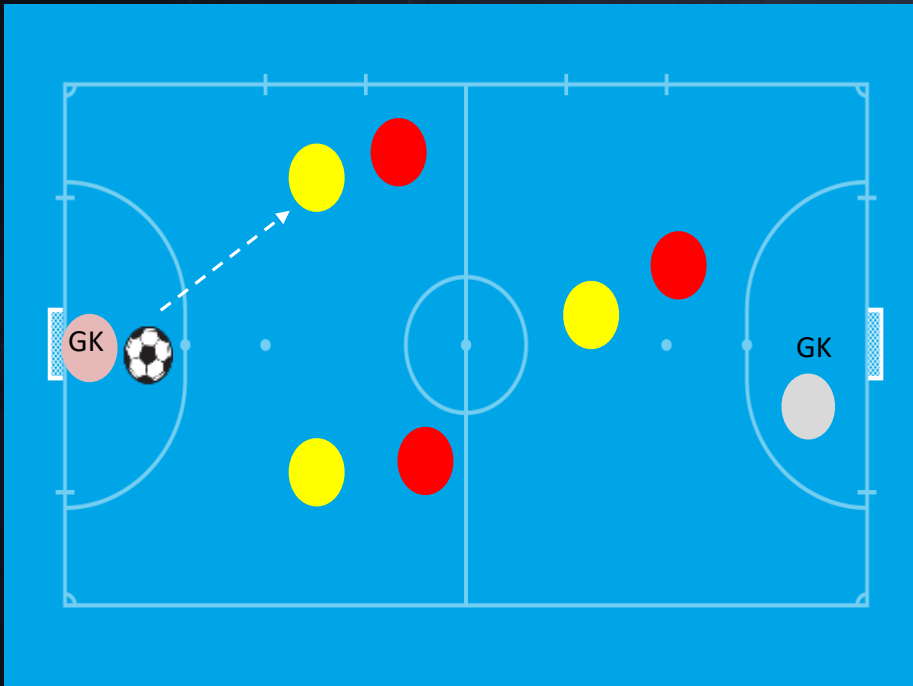


Futsal Focus: Combine creatively 1



Organisation: The game is set up as shown but can easily be played either 2v2 plus GK's (smaller area) or 4v4 plus GK's (same area). The game can be played across the court also so that two games can be going on.

How to play: The players are matched up to play **player to player**. The GK's **MUST** roll the ball out into their own half and then normal back pass rule applies (can't pass it back until an opponent has touched the ball)

This will be tough to begin with but we have to help our players deal with this kind of pressure by:

- Good movements, feints, changes of speed to receive and lose the marker
- The ability to shield, screen and turn away from pressure without losing possession
- Quick, positive, passing and moving combinations.

Technical

Physical

Psych

Social