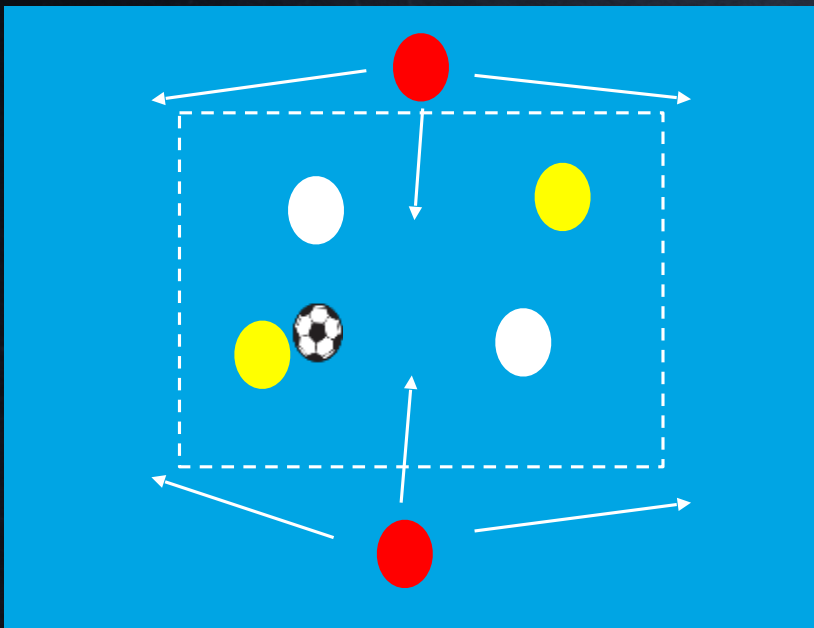


Futsal Focus: Combine creatively 5



Organisation: Possession is an important part of the England DNA and this allows the players to practice this. The game is set up as shown, 2v2 plus two supporting players (red).

How to play: The teams of two (yellow and white) try to keep possession and to help they can use the players on the outside. Where this game challenges the players is that we can change the supporting positions of the red players by saying:

- You have to stay outside of the area to support but you can move around to any side
- You can only offer support by going INTO the area
- One of the red players can go in, one must stay out to offer support
- The red players alternate. They go in and then must stay out to offer support (the other red is doing the opposite)

Supporting players can make as many passes as are needed from any of their positions in order to maintain possession.

This game will challenge the players to think as they must follow the challenges above AND decide if they are best placed to support.

Change the teams around to give all players the challenges.

Technical

Physical

Psych

Social